

DW Akademie has Launched a “Mental Health Support for Georgian Media Community” Initiative

DW Akademie has launched the “Mental Health Support for Georgian Media Community” initiative in collaboration with the Global Initiative on Psychiatry - Tbilisi ([GIP-Tbilisi](#)). The project aims to assist media professionals in managing work-related stress.

The project includes three components:

- Equipping media professionals with information on coping with stress to promote self-care;
- Workshops for media professionals (journalists, cameramen, digital/graphic content makers, editors, producers, and media managers), to enhance individual and organizational resilience;
- Individual consultations for media professionals to support their mental health.

For those who are interested, don't hesitate to get in touch with Pati Maminashvili at pmamiashvili@gmail.com or by calling +995 577 20 20 98.

Quality Media and Conscious Media Consumption for Resilient Society (ConMeCo) project is implemented by DW Akademie (DWA) in cooperation with Media Development Foundation (MDF) and Human Rights Centre (HRC) funded by the [European Union](#) and co-funded by the German Federal Ministry for Economic Cooperation and Development ([BMZ](#)).